

girls
inc.

Girls Inc. News

Strong, Smart & Bold in Jefferson County, IN

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The center will be open extended hours on Monday, April 8! (7 a.m. to 6 p.m.) This is included for full members, and \$10 for daily members. Early bird arrivals are \$5 for all. We are planning several eclipse-themed activities for the day. We encourage members to bring eclipse glasses with them, but we will have some glasses available.

• SSBOS •

Our annual Strong, Smart, and Bold Outcome Surveys will begin this month. This survey is given nationally to Girls Inc. members. It give us insight into what areas we need to improve upon and what our girls need the most from us. Survey answers are anonymous and members can skip any questions they do not want to answer. **This survey can be taken by girls ages 9-18, and will be completed while they are at the center.** If you have any questions, please call and ask for the program director, Christian.

We appreciate the support and donations from our community and our members' families! Frequently used items around the center include: Toilet paper, paper towels, paper plates, and plain and colored copier paper.



HOURS

Monday to Friday
After School
2:30 to 6 p.m.
Extended
9:45 a.m. to 6 p.m.
Early Birds
7 to 9:45 a.m.

QUESTIONS?

(812) 265-5863
The best time to call
is between 8:30 a.m.
and 2:30 p.m.

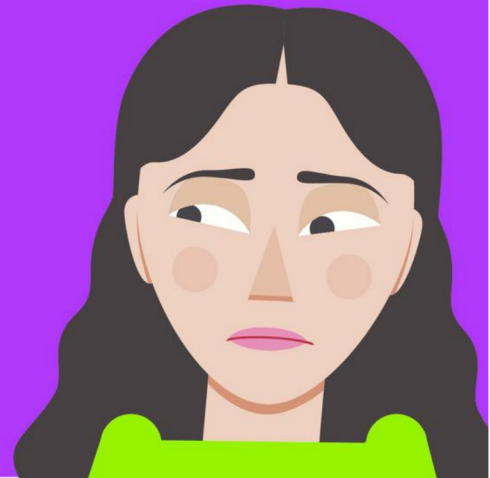
DIRECT IMPACT SPONSORS



Community Partner



Juggling a lot?



We can help.

It's important to talk about mental health and to get support when you need it!

Learn to Live provides mental health resources! They offer support for those dealing with stress, anxiety, worry, depression, social anxiety, insomnia, substance use or panic. Through a partnership with Girls Inc., these resources are available **FREE** to members age 13 and older, staff, alumnae, and member families.

Visit learntolive.com/partners

and enter code: **GIRLSINC**

or

Scan to
download
the app



Online Mental Health Programs for:

RESILIENCE | STRESS, ANXIETY & WORRY | SOCIAL ANXIETY | DEPRESSION | INSOMNIA | SUBSTANCE USE | PANIC